



East Worlington Parish Hall

COMMUNITY ASSISTANCE INFORMATION USEFUL TELEPHONE NUMBERS

| | | |
|--------------------------------|---------------------|--|
| SAMARITANS | Tel 116 123 | Email jo@samaritans.org |
| NORTH DEVON FOOD BANK | Tel 07422 651 253 | |
| CITIZENS ADVICE BUREAU | Tel 0800 144 8848 | |
| CHILD PROTECTION | Tel 0345 155 1071 | mashsecure@devon.gov.uk |
| CHILD LINE | Tel 0800 1111 | childline.org.uk |
| SILVER LINE | Tel 0800 4 70 80 90 | thesilverline.org.uk |
| SAFEGUARDING ADULTS | Tel 0345 1551 007 | csc.caredirect@devon.gov.uk |
| DOMESTIC ABUSE HELPLINE | Tel 0808 2000 247 | nationaldahelpline.org.uk |
| NHS | Advice Tel 111 | Emergency Tel 999 |
| | NHS 111 Online help | 111.nhs.uk/ |

DOCTORS

Wallingbrook Health Centre, Back Lane, Chulmleigh EX18 7DL

Tel 01769 580269

www.wallingbrook.co.uk

Witheridge Medical Centre, Cannington Road, Witheridge EX16 8EZ

Tel 01884 860205

D-CCG.Witheridge@nhs.net

NEAREST DENTIST

Chulmleigh Dental Practice, South Molton Street, Chulmleigh, EX18 7BW

Tel 01769 580053

NHS Dentists

Tel 0845 4647

www.nhs.uk/using-the-nhs/nhs-services/dentists/