

East Worlington Parish Council 'A Resilient Community is a Prepared Community' Emergency Planning

Domestic Check List

	\checkmark	Actions
Medication / Health		
Do you:		
 have a written down list of all the medication you need to take? 		
 have others who know where the medication and list are kept? 		
• have a few days' supply of your medication should it be not possible to	,	
travel to the dispensary?		
 have a well-equipped first aid box? 		
 have easy access to spare glasses or contact lenses? 		
Electricity	LJ	
Do you:		
 have access to a generator to use in emergencies? 		
Lighting		
Do you:		
 have torches and a spare supply of batteries? 		
 have a supply of candles and a way to light them? 		
 have any emergency lighting that does not rely on mains power? 		
Heating		
Do you:		
 keep a supply of fuel for heating to last up to four weeks? 		
Cooking / Food / Drink		
Do you:		
 have a supply of bottled/stored water? – One gallon per person per day 		
for up to 3 days		
 keep a supply of food (non-perishable) that could sustain the people in 		
your property for up to one week?		
 have a tin opener that does not require electricity? 		
 have a way to heat / boil water if there is no electricity? 		
 have a way to heat food if there is no electricity? 		
Clothing / Footwear		
Do you:		
 have appropriate footwear for snow / ice / extreme wet / flood 		
conditions?		
 have waterproof clothing? 		
 have a supply and spare supply of dry warm clothing? 		

Tools	
Do you:	
 keep an essentials tool kit? You may need to turn off essential utilities. 	
 know where your domestic water stop cock is located and how to turn 	
off the water?	
keep and have easy access to snow clearing tools e.g shovel?	
Communication	
 bo you: have a battery / wind up radio? 	
 have a whistle? (If you need to signal for help) 	
 have a mobile phone? Is it kept charged? have a telephone that does not roly on electricity? 	
 have a telephone that does not rely on electricity? 	
 have a list of emergency phone numbers to hand? 	
 keep a list of contact details of people you need to communicate with 	
should there be an emergency?	
 keep copies of important documents like insurance policies and birth 	
certificates, in case you need to locate these quickly or prove your	
identity?	
 have pencil, pens, paper, a penknife/sharpener? 	
Hygiene Do you:	
 have moist wipes, tissues, garbage bags and plastic ties for personal 	
hygiene / sanitation?	
Transport	
Do you:	
 have access to transport that can be used in emergency conditions? 	
 have access to transport that can be access to transport to transp	
Home security	
Do you:	
 have spare keys to your home? 	
Pets and Animals	
Do you:	
• have sufficient food supplies for any pets / animals for which you have	
responsibility?	
Planning	
Do you:	
 have your own plan to help you respond to any critical incident / 	
emergency that may affect you?	
Entertainment	
Do you:	
 have ways to use the time / entertainment? (If you are unable to leave 	
your home / community for several days and there is a problem with	
electricity supplies do you have for example - reading materials, board	
games, battery operated games, wind up /battery radio, etc.	
Support	
Do you:	
 have / know others that can offer appropriate support in an 	
emergency?	